

# DAILY ACTIVITIES & CLASSES

**NEW TIME**

## ADVANCED BRIDGE

Wednesdays 9:00 AM – 12:15 PM

Join your friends for a fun-filled afternoon playing cards with your favorite people.

## BINGO

Thursdays 1:00 – 3:00 PM

Fee: \$1.00

Enjoy bingo with friends. This large group has a lot of fun every Thursday! Bingo starts promptly at 1:00pm.

## BRIDGE GAME

Fridays 12:45 – 4:00 PM

Join your friends for a fun-filled afternoon playing cards with your favorite people.

## BUNCO

Wednesdays 1:00 – 3:00 PM

Fee: \$2.00

BUNCO is a progressive and fun dice game! Please join our fun and lively Bunco players every Wednesday. Drop-ins are welcome!

## CARD MAKING

Mondays 10:00 AM – 12:00 PM

Come explore your creative hidden talents with friends of the Card Making Group. This group meets every Monday and shows each other different skills in the world of card making. This is NOT an instructor led group. These cards will be sold as a fundraiser for the Activity Center.



## CHESS CLUB

Tuesdays & Thursdays 11:30 – 3:00 PM

This club gives participants an opportunity to play friendly games of chess against their peers.

## CONVERSTAIION GROUP

2nd Thursday, January 10, February 14 & March 14 1:00 – 3:00 PM

This is a discussion group with varied topics and light to deep conversations. Come have fun while sharing your wisdom, ideas, and opinions in a supportive & non-judgmental community of people. Leave your techy world behind and have face to face conversation where everyone knows your name and are glad you came.

**NEW**

## CREATIVE WRITING

Thursdays 11:15 AM – 12:15 PM

Come and share your writing and ideas in a relaxed and fun environment! Everyone has a story to tell, whether it's about life experiences or stories or perhaps poetry you have written. The instructor, Linda Phillips, is a published writer who will provide you with writing ideas every week to help you unleash your creativity. **Pre-registration is required.**

## FOOD BANK BREAD DAY

Thursdays 9:30 AM

The Center receives bread for distribution to seniors on a first-come first-served basis every Thursday morning.



## KARAOKE

First and Third Thursday 12:30 – 3:00 PM

Instructor: Phil Bergh

Do you love to sing to the oldies? Then come on down the first and third Thursday of every month for the debut of this new and fun-filled class! You are more than welcome to bring your own songs! All drop-ins are welcome!



## KNITTING, CROCHETING, AND NEEDLEWORK

Second and Fourth Wednesday 1:00 – 3:00 PM

No Instructor

Come and treat yourself to a couple hours knitting with friends. If you want to learn, bring your yarn and needles; we'll help you get started.

## PUYALLUP KNITTING GUILD

Second Tuesday 9:30 AM – 12:00 PM

The Puyallup Knitting Guild is a group with different knitting likes (e.g. from lace to socks to children and adult clothing items) and skill levels. They get together on a monthly basis to share current projects (finished or not), yarn purchases and upcoming yarn events. If you are a beginner or a life-long knitter, join them to share your love of knitting.



**LEARN TO PLAY MAH JONGG**

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Tuesday Afternoons 1:00 – 4:00 PM  
 Thursday Evenings 6:00 – 9:00 PM

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Fee: \$5.00 (One time fee for beginners to cover cost of materials)  
 Ages: 13+

Let's play the exciting game of Mah Jongg! It is a fascinating game of tiles, luck and skill. Mah Jongg is loads of fun and many people who play it get addicted. Come join the wonderful, exciting adventure in the world of American Mah Jongg. People new to Mah Jongg, as well as experienced players, are welcome to join us!

**JOIN THE KING OF CD MUSIC, MUSA KALIS**

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Tuesday, Wednesday & Friday 10:00 AM – 1:00 PM

Coffee Bar & Lounge

Come and relax, enjoy a cup of coffee with friends and listen to wonderful music **MUSA KALIS** has in his vast repertoire of CD's.

**OIL PAINTING**

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Tuesdays 9:00 AM – 12:00 PM

Drawing and painting are the foundation skills of making art. Share your artistic talent and paint with old and new friends. This class is free to everyone. You just need to bring your own supplies and come and join the group. There is no "official" instructor.

**PHOTOGRAPHY GROUP**

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Third Friday 10:00 AM – 12:00 PM

If you'd like to share some of your experiences and expertise with fellow novices, please stop by and we'll all learn together!

**PINOCHLE GAME**

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Monday, Wednesday, and Friday 12:30 – 4:00 PM

Enjoy an afternoon playing pinochle with all your friends at our Activity Center.

**QUILTING BEE**

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Fridays 9:00 – 11:30 AM

It's time for you to get started on a new project or complete an old one and share time with friends. If you would like to see award-winning quilters, stop by and take a gander. This class is for all levels of quilters. Material donations (cotton, flannel or fleece AND batting) are greatly appreciated. Quilts are made from generous contributions and donated to various charities. Quilts made in the class are donated to St. Jude's Children's Hospital, Seattle Children's Hospital, Mary Bridge Children's Hospital and Madigan Hospital. The larger quilts, along with pillow cases and pillows, are donated to abused women and children of the YMCA.



**SENIOR NUTRITION PROGRAM**  
 "CATHOLIC COMMUNITY SERVICES MEAL SITE"

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Monday, Wednesday & Friday (Except when noted) 12:00 – 1:00 PM

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Cost: \$3.00 seniors (60+ years)  
 \$6.00 Non-Seniors

Please be seated by 11:30 a.m. Lunch is served at 12:00 Noon. Reservations are required. Call 253-474-1200 to make your reservations. All drop-ins are welcome if there is food available! The meal site is every Monday, Wednesday and Friday except during holidays and when the Center has special events. Please check the Center's monthly calendar for closures. You can have your blood pressure taken every 1st & 3rd Friday while enjoying the sound of the Sunnyside Orchestra every Monday.

**SUNNYSIDE ORCHESTRA**

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Rehearsal on Mondays 10:00 AM – 12:00 PM

We are seeking some intermediate musicians for our small orchestra. Our orchestra started in the 1970's; we are a small group that enjoys the pop music from the 20-40's. Please drop by and see if you'd be interested in joining our orchestra. It's a good way to start playing your violin not to mention other woodwinds and brass. Sheet music is provided. We meet every Monday. Please contact Carol at 253-952-4156.

**TABLE GAMES - SCRABBLE, CRIBBAGE & CHECKERS**

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Tuesdays & Thursdays 12:00 – 2:00 PM

Visit our beautiful lounge, have a cup of coffee and join your friends in some friendly table games. It's all just for fun, and a great way to spend your afternoon.

**TEXAS HOLD 'EM**

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Tuesdays 11:00 AM – 3:30 PM

Come and learn the Texas Hold 'Em card game which is the fastest growing spectator sport on television! No experience necessary. All games played will be for points, not money!

**WOODCARVING**

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Thursdays 9:00 AM – 12:00 PM

No Fee

If you like to carve or have always wanted to learn how to carve, then this class is for you. Bring your tools.