

# COMPUTER CLASSES



## OPEN COMPUTER LAB

Monday - Friday 7:00 AM – 4:30 PM

Open to all seniors. Check in at front desk for computer availability and password. If others are waiting, computer use is limited to 30 minutes. **The Lab will be closed during all computer classes.** *The Puyallup Activity Center's computers are closely monitored and not available for inappropriate use. Computer Lab will be closed daily at 4:30 PM.*

## PUYALLUP COMPUTER USERS' GROUP (PCUG)

First Friday Every Month 10:00 – 12:00 PM

No Fee

Session for questions and answers; all levels welcome. Each month, group discussion with other computer users will provide you with educational and helpful information.

## COMPUTER BASICS & BEYOND

No classes scheduled till Fall

## EBAY 1-2-3: LEARN THE BASICS

No classes scheduled till Fall

# TRIPS & TOURS

## TRIP POLICIES

1. Reservations are on first come, first-serve basis. To assure space on a trip, payment is to be made at the time of registration.
2. A ten (10) person registration minimum is required for all trips. The trip can possibly be cancelled if the minimum is not met. All participants will be notified at least two days in advance and refunded in full.
3. Any cancellation **must** occur **prior to the registration deadline** to qualify for a refund. Also, if registration deadline has passed and/or tickets have been purchased, no refund will be given.
4. All participant refunds will be approved or denied by the Activity Center Supervisor.
5. Participants will be charged a \$5.00 processing fee if a refund for a trip is requested.
6. Participants traveling with a wheelchair or any other disability that might require special attention, **must notify staff at time of registration.** Please note: If you have a motorized scooter, it requires a minimum of 4 spots and that is the responsibility of the trip-goer to inform staff at the time of registration.
7. Drivers will not wait for late comers. Missed paid trips will be considered a donation to the PAC.
8. All participants will be expected to sign a Hold Harmless agreement per trip, prior to boarding the shuttle bus.
9. All participants will be expected to review, sign, and follow the Trips and Tours Code of Conduct.
10. Please add your name to the waitlist and if we get enough people to sign up on the list we will offer the trip again.

## PIERCE TRANSIT SHUTTLE SERVICE

If you rely on the Pierce Transit Shuttle Service, consider allowing additional time for drop off and pick up. Scheduled trip times are approximate and may vary due to traffic and other unforeseen conditions.



## — DAY TRIPS —

### DAY TRIP MEALS

**Our day trips often include a breakfast, lunch and/or dinner stop. Trip fees do not include the cost of meals unless otherwise stated. Follow this restaurant guide to gage the average price per person for each restaurant.**

\$	\$0.00 - \$9.99
\$\$	\$10.00 - \$19.99
\$\$\$	\$20.00 - \$29.99



**PUYALLUP PACERS WALKING TRIPS**

*The Puyallup Activity Center is offering a regular “get out and hike” venture. We will meet the second Monday of each month and experience new trails near and far. These trips are designed for seniors who love to hike. This program will be a little more advanced than a walk. Please pay close attention to the distance and ask questions.*

**PUYALLUP PACERS’ WALKING TRIPS RATING SYSTEM**

- #1: Paved and/or trail; elevation gain under 300 feet
- #2: Moderately easy; sometimes paved, woods, or open fields; elevation gain 300-500 feet
- #3: Some difficult terrain; substantial hills or steps in areas; elevation gain 500-800 feet. Hikers with health problems should take caution
- #4: Difficult/Advanced; steep hills

**SALTWATER STATE PARK**  
WALKING SHOES REQUIRED

Tuesday, July 9 9:30 AM – 2:30 PM

Fee: \$15.00 (Lunch fee not included \$-\$\$)  
 Location: Des Moines  
 Lunch: Jimmy Mac’s Roadhouse  
 Deadline: July 5  
 Driver: Laurie Sweet



Saltwater State Park is an 87.4-acre plot of land that delivers a sandy beach on the edge of Washington’s largest urban area. The park was dedicated in 1926 between Tacoma and Seattle as a peace effort to stop bad feelings with a symbolical hatchet that is buried under a rock somewhere in the park. Much of the park you see today was built by the Civilian Conservation Corps in the 1930’s. This very popular Washington state park offers beautiful views and wildlife watching opportunities; do not forget your binoculars.

**SOOS CREEK BOTANICAL GARDEN**  
WALKING SHOES REQUIRED

Wednesday, July 24 9:15 AM – 3:00 PM

Fee: \$21.00 (Lunch fee not included)  
 Location: Auburn  
 Lunch: Your choice at Kent Station  
 Deadline: July 18  
 Driver: Laurie Sweet



Soos Creek Botanical Garden was developed to be a stroll garden, a concept conceived from visits to gardens in England and Japan. Roses enter with a big splash in June, including a number of climbing roses. Summer also features a host of perennials, particularly in the long borders; however, you will find perennials throughout the garden. Summer also brings the unfolding of many large leaf plants including banana, gunnera, darmeria, and other moisture-loving plants. Please note this will be a guided tour as you enjoy the wonderful sights and smells of the garden.

**BLOEDEL RESERVE**  
WALKING SHOES REQUIRED

Tuesday, August 13 8:15 AM – 4:30 PM

Fee: \$35.00 (Lunch fee not included)  
 Location: Bainbridge Island, WA  
 Lunch: Your choice in Poulsbo  
 Deadline: August 9  
 Driver: Laurie Sweet



This 150-acre unique masterpiece is located on Bainbridge Island. Bloedel Reserve is famous for both the natural and highly landscaped lakes, immaculate lawns, wooded areas, moss garden, rhododendron field and many more attractions. A special addition to the tranquil and contemplative experience is the bird marsh which connects the northern gardens to the comparatively untouched woodlands to the south. After our two-hour private tour, enjoy some time at the beautifully designed French Chateau-style home serving as a visitor center. After a lovely stroll through the Bloedel Reserve, we will enjoy the town of Poulsbo for lunch and shopping before heading back to Puyallup.

**NOLTE STATE PARK**  
WALKING SHOES REQUIRED

Tuesday, August 27 9:00 AM – 2:00 PM

Fee: \$15.00  
 Location: Enumclaw / Black Diamond  
 Lunch: Bring your own lunch  
 Deadline: August 20  
 Driver: Laurie Sweet



Nolte State Park is a 117-acre day-use park just south of Cumberland at the western edge of the Cascade Mountains, with 7,174 feet of freshwater shoreline on Deep Lake near the Green River Gorge. Covered with forests and water, the land was a resort for many years before it was donated to Washington by Minnie Nolte in the early 1970s. The lake has a public fishing pier, beach area, and a hiking trail around the lake. Deep Lake reaches a depth of 100 feet.

**BANNER FOREST**  
WALKING SHOES REQUIRED

Tuesday, September 10 9:00 AM – 2:00 PM

Fee: \$20.00 (Lunch fee not included \$-\$\$)  
 Location: Port Orchard  
 Lunch: TBD  
 Deadline: September 4  
 Driver: Laurie Sweet



Banner Forest was acquired in October 2000 after ten years of community effort to preserve this unique resource. The pathway follows an old road, about two miles long and is surrounded by beautiful trees, ponds and wetlands. As you enter the trails you will find kiosks that have maps with spots for benches throughout the wonderful walk. The trail has a gentle grade and has been maintained in excellent condition.



**GRAND FOREST**

WALKING SHOES REQUIRED

Tuesday, September 24 8:30 AM – 2:30 PM

Fee: \$20.00  
 Location: Bainbridge Island  
 Lunch: Bring your own lunch  
 Deadline: September 17  
 Driver: Laurie Sweet



This beautiful park encompasses 240 acres across three parcels with approximately 8 miles of trails in an understory of largely second growth forest. This wonderfully kept park features, a canopy of lush firs, cedars and maples along with a few giant conifers. The trails are flat with slight inclines and the pathway is mostly dirt, mulch and gravel.

— TRIPS —

**NAVAL UNDER SEA MUSEUM**

Monday, July 1 8:30 AM – 4:00 PM

Fee: \$20.00 (Lunch fee not included)  
 Location: Keyport  
 Lunch: Your choice in Poulsbo  
 Deadline: June 28  
 Driver: Laurie Sweet

The U.S. Naval Undersea Museum is the only official Navy museum that interprets all of the Navy's undersea activities. We hold the country's most comprehensive collection of U.S. Navy artifacts, documents, and reference material related to undersea subjects, and are renowned for several of these specialty collections, especially those in torpedoes, mines, diving and salvage, submarine technology, and unmanned underwater vehicles (UUVs). Several of these significant artifacts are on display in the museum's 18,000 square foot exhibition hall, designed to connect visitors to the history of the underwater Navy. Prior to visiting the museum, we will enjoy some free time and lunch on your own in Poulsbo.

**KITSAP HARBOR TOUR**

Wednesday, July 10 9:15 AM – 4:00 PM

Fee: \$35.00 (Lunch fee not included)  
 Location: Port Orchard  
 Lunch: Your choice on the boat or bring your own lunch  
 Deadline: June 25  
 Driver: Laurie Sweet

Today we will explore the waters of Kitsap County aboard the Admiral Pete, a 122-passenger tour boat. Its catamaran hull design provides an exceptionally smooth and stable ride in virtually any kind of weather. This vessel is equipped with a valley/snack bar and two restrooms. Lunch will be as a group and paid for on your own.

**MOLBAKS & CHATAEU STE MICHELLE GARDEN & WINE TOUR**

Tuesday, July 23 8:45 AM – 3:30 PM

Fee: \$45.00 (Lunch included)  
 Location: Woodinville  
 Lunch: Box lunch included in price  
 Deadline: July 12  
 Driver: Laurie Sweet

Back by popular demand...Washington state's oldest and most acclaimed winery features award-winning wines and an unparalleled tasting experience at the historic chateau. You will experience the magic of Chateau Ste. Michelle's historic grounds accompanied by 3 wine tastings in the newly renovated tasting room. Compare, contrast, and explore your taste selections. After the tour you will have a boxed lunch waiting for you of your choice, salad or their famous panini with a cookie. Prior to the tour we will make a quick stop at the famous Molbaks Home and Garden Center for some shopping. Please Note: This trip will have uneven surfaces and stairs. This is not a wheelchair and/or walker friendly trip.

**MAMMA MIA AT THE TACOMA MUSICAL PLAYHOUSE**

Saturday, July 27 10:30 AM – 5:00 PM

Fee: \$40.00 (Lunch fee not included)  
 Location: Tacoma Musical Playhouse  
 Lunch: Boathouse 19  
 Deadline: July 18 (or until tickets are sold out)  
 Driver: Laurie Sweet

The Tacoma Musical Playhouse presents the ever so popular Mamma Mia. On the eve of her wedding, a daughter's quest to discover her identity of her father, brings her three men from her mother's past back to the island they last visited 20 years ago. Please note: Due to the popularity of the show, only 10 spots are available.

**MYSTERY MADNESS**

Thursday, August 1 9:00 AM – 4:00 PM

Fee: \$45.00 (Lunch fee not included \$-\$\$)  
 Location: It's a Mystery!  
 Lunch: It's a Mystery  
 Deadline: July 18  
 Driver: Laurie Sweet

C'mon, hop on board! Where's your sense of adventure? This trip isn't for people how like to be in control – just fun people that like a little mystery in their lives. Don't wait to register; this trip is a favorite for all!

**CRYSTAL MOUNTAIN GONDOLA**

Tuesday, August 6 9:00 AM – 5:00 PM

Fee: \$70.00 (Gondola Ticket and Lunch included)  
 Location: Enumclaw (Top of Crystal Mountain)  
 Lunch: Summit House (Top of Crystal Mountain)  
 Deadline: July 29  
 Driver: Laurie Sweet

Back by popular demand...the Summit House, Washington State's highest restaurant, is perched at the top of Crystal Mountain at 6,872 feet and is accessed by the Mt. Rainier

Gondola. Summit House's Executive Chef prepares cuisine that rivals the striking views of Mt. Rainier and the Cascade Range. The beautiful view and delicious food will take your breath away! This is truly an experience of a lifetime and a memory you will cherish. On our way home, we will stop at Wapiti Woolies, a unique gift shop in Greenwater, famous for its custom winter hats. Please Note: This trip is not walker or wheelchair friendly.

## WINGS OVER WASHINGTON

Wednesday, August 7 9:30 AM - 3:30 PM

Fee: \$40.00 (Lunch fee not included \$\$)  
 Location: Seattle (Pier 57)  
 Lunch: Your choice at Pier 57  
 Deadline: July 31 (if tickets are still available)  
 Driver: Laurie Sweet

### Back By Popular Demand!!

A day at Miner's Landing (Pier 57), will include a ride on Seattle's newest attraction, Wings over Washington. Wings over Washington is currently the most state-of-the-art theater in the world using the newest technology including 5K cameras. You will have a view as you fly through the morning mists of the Olympic National Forest and Mr. Rainier. Soar over the San Juan Islands and the Cascades before seeing the majestic Snoqualmie Falls. You will coast through the Walla Walla Valley Balloon Stampede with views you have never seen before. This ride will leave you feeling as though you are seeing Washington for the first time. After exploring the state you have your choices of lunch on Miner's Pier before we see Seattle from the 16-story, 175 foot Ferris wheel. It is the tallest Ferris wheel on the West Coast, bolted so close to the end of the pier that it extends 40 feet over the bay.

## CASINO TRIP: SNOQUALMIE

Monday, August 19 9:00 AM - 3:00 PM

Fee: \$15.00 (Lunch fee not included \$-\$)  
 Location: Snoqualmie  
 Lunch: Your choice at the Red Wind Casino  
 Deadline: August 12  
 Driver: Laurie Sweet

The lavish Snoqualmie Casino is located only about 45 minutes east of the Seattle metropolitan area. It's nestled in the North Cascades Mountains. Among the things to do here, of course, is dining and Snoqualmie Casino offers five restaurants, not including its stylish cigar bar. The restaurants range from the quick and informal to authentic Asian food to a specialty coffee bar with European pastries. Fine gourmet dining with international and Pacific Northwest cuisine is also available, serving vintages from local wineries and around the world. The main building of Snoqualmie Casino is an astounding 170,000 spacious square feet graced with beautiful woodwork, opulent polished granite, and 60-foot high ceilings with exposed beams. There are 1,700 slot machines, an eight-table poker room, and 50 tables offering blackjack, roulette, baccarat, craps, and fortune pai. Please note: Once you arrive, you can pay the casino \$10.00 and you will receive \$10.00 in free play and \$10.00 lunch voucher.

## BINGO WATERWAYS CRUISE

Wednesday, August 21 9:00 AM - 4:30 PM

Fee: \$70.00 (Lunch included)  
 Location: Seattle  
 Lunch: Included in the price  
 Deadline: August 7  
 Driver: Laurie Sweet

Join us as we spend another wonderful afternoon aboard a Waterways yacht enjoying everyone's favorite game, bingo! During this 2-hour cruise on Lake Union and Lake Washington, you will enjoy a delicious three-course plated lunch, captain's narration of surrounding sights, and play bingo with prizes to win! Space is limited, so sign up early!

## UW SEISMOLOGY TOUR

Tuesday, September 12 9:00 AM - 3:00 PM

Fee: \$20.00 (Lunch fee not included)  
 Location: Seattle  
 Lunch: Kent Station  
 Deadline: September 3  
 Driver: Laurie Sweet

Is the "Big One" coming? How often do we have earthquakes? Where is the most movement in our area? These are all questions that can be answered with this special tour of the UW Seismology Lab. Not only will your questions be answered but the experts will cover subjects like the Plate Tectonic Theory and how those processes have formed the western margin of North America including Western Washington. This tour will lead you through the three source zones where earthquakes occur in the Pacific Northwest, why they occur, and their effects. You will also learn how seismic waves are and how "P" or primary waves differ from "S" or shear waves; and how earthquakes are located, measured and how frequent they are. Other interesting facts include volcanism, glaciation, geology, and Oceanography in our area.

## TREEHOUSE POINT

Wednesday, September 18 11:00 AM - 5:30 PM

Fee: \$45.00 (Lunch fee not included)  
 Location: Falls City  
 Lunch: Your choice at Gilman Village  
 Deadline: September 5  
 Driver: Laurie Sweet

Peace and tranquility are yours when nature welcomes you to the beautifully located forest beside the Raging River. Tree House Point is a dream come true for Pete Nelson, world renowned tree house builder, author, and host of TV show Tree House Masters. Pete and his crew design and build magnificent homes and businesses in nature's canopy. Many of his designs are sitting in backyards and forests across America. His dream started where our adventure begins in Falls City. We will be walking through different treehouses, viewing the man-made pond, and experiencing Mother Nature in a new atmosphere. After our tour, we will enjoy a late lunch and light shopping at everyone's favorite, Gilman Village.

## NORTHWEST TREK

Thursday, September 19	9:00 AM – 4:45 PM
Fee:	\$35.00 (Lunch fee not included \$-\$\$)
Location:	Eatonville
Lunch:	Your choice at NW Trek
Deadline:	September 9
Driver:	Laurie Sweet

NorthwestTrek Wildlife Park is a 723-acre wildlife park located near the town of Eatonville. A narrated tram tour of the free roaming area allows you to see bison, Roosevelt elk, moose, mountain goats and other native animals, up close in their natural habitats. A self-guided walking tour along the paved trails in the core of the park provides the opportunity to see grizzly bears, wolves and more in naturalistic exhibits.

## THUNDER DOME

Wednesday, September 25	9:00 AM – 3:00 PM
Fee:	\$25.00 (Lunch fee not included in price)
Location:	Enumclaw
Breakfast:	Charlie's Café (\$-\$\$)
Deadline:	September 17
Driver:	Laurie Sweet

We are off to Enumclaw's newest attraction...Thunder Dome Car Museum. This wonderful facility opened in the end of May, with a wonderful objective to bring the community together to enjoy a fantastic collection of cars in a uniquely designed facility. Once you walk into this pristine car shop, you will see all sorts of classic cars on a rotating schedule. Currently you will tour the facility and see all sorts of corvettes, mustangs, and even slug bugs, plus many more. This tour will be a wonderful memory as you talk about your experiences and hear about the cars in the peak of their time. Prior to the tour, we will enjoy breakfast at a local restaurant.

## NIGHT OF DELIGHT

Come out and experience one of the great restaurants Pierce County has to offer, spend time with old and new friends, and treat yourself to a night of delight. Sign up now at the PAC; **pre-registration required**. Please note: parties larger than 6, restaurants may add 15% gratuity.

Driver: Laurie Sweet

## MCMENAMINS ELKS CLUB

Wednesday, July 31	4:00 – 7:00 PM
Fee:	\$5.00 (Dinner not included \$-\$\$)
Location:	Tacoma
Deadline:	July 16

## HARBOR LIGHTS

Wednesday, August 14	4:15 – 7:15 PM
Fee:	\$5.00 (Dinner not included \$\$-\$\$\$)
Location:	Tacoma
Deadline:	August 7

## ANTHONY'S

Wednesday, September 11	4:00 – 7:00 PM
Fee:	\$5.00 (Dinner not included \$\$-\$\$\$)
Location:	Tacoma
Deadline:	September 4

## — EXTENDED TRAVEL —

SPONSORED BY THE WASHINGTON STATE ASSOCIATION OF SENIOR CENTERS

### TRIP PRESENTATION:

Tuesday, October 8, 2019	1:00PM
Location:	Puyallup Activity Center

*The Puyallup Activity Center provides extended travel opportunities through various partnerships with Collette Vacations. With these trips, you enjoy the luxury of paying one fee that will cover all of your airfare, accommodations, transportation, & most of your meals for the trip. Pick up travel brochures for more detailed trip information at the PAC or contact **Shelby Grenon at 253-841-5564**.*

## EXPLORING SCOTLAND & IRELAND

COMING IN 2020

**Highlights:** Edinburg, Whiskey Distillery, Loch Ness, Urquhart Castle, Glasgow, Belfast, Titanic Experience, Giant's Causeway, The Causeway Coast Rail Journey, Derry Glenveagh National Park, Dublin.

Includes: 13 days, 17 meals

Estimated Fee: Double: \$4,799

Deadline to Register: TBD

## SCANDINAVIA

JUNE 18 - JULY 1, 2020

**Highlights:** Copenhagen, Vaxjo, Swedish Glass Museum, Stockholm, Vasa Ship Museum, High Speed Train, Osol, Viking Ship Museum, Borgund Stave Church, Flam Railway, Sognefjord, Briksdal Glacier, Geirangerfjord Cruise, Bergen.

Includes: 14 days, 19 meals

Estimated Fee: Double: \$5,999 | Single: \$7,299

Deadline to register: TBD

## HERITAGE OF AMERICA

APRIL 9 - 18, 2020

**Highlights:** New York City, Philadelphia, Gettysburg, Harpers Ferry, Shenandoah National Park, Charlottesville, Monticello, Colonial Williamsburg, Arlington National Cemetery, Washington D.C., Smithsonian Institution, Mount Vernon.

Registration Deadline: October 2, 2019

Cost: Double: \$3,749 | Single: \$4,849 | Triple: \$3,699

## AMERICA'S MUSIC CITIES: NEW ORLEANS, NASHVILLE & MEMPHIS

SEPTEMBER 13 - 20, 2020

**Highlights:** French Quarter, Swamp tour, Mardi Gras World, Jazz Revue, Graceland, West Delta Heritage Center, Grand Ole Opry Show, Ryman Auditorium, Country Music Hall of Fame, Historic RCA Studio B, and a Whiskey Distillery

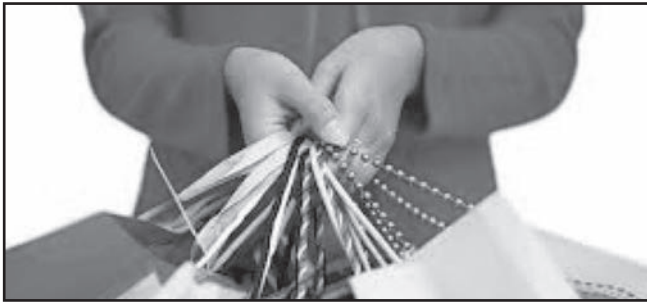
## SPOTLIGHT ON TUSCANY

NOVEMBER 2 - 10, 2020

Embrace vintage Italia as you savor fine wine, blissful countryside and ancient cities that inspired the Renaissance on this Tuscan Getaway. **Highlights:** Montecatini Terme, Florence, Lucca, Gothic Line, Pisa, Siena, Winery Tour, Cheese Farm, San Gemignano

Includes: 9 days, 10 meals

Cost: \$2,999 Double | \$3,399 Single



## SHOPPERS' EXPRESS

**The Puyallup Activity Center is offering monthly shopping trips for seniors. We will be using our bus to pick you up and return you to your residence. To qualify for this service, you must:**

1. Live within the Puyallup city limits
2. You must be independently mobile or aided by a caregiver. Wheelchair bound or walker users qualify. Our bus driver cannot escort shoppers. If you are interested in this unique opportunity, call the Puyallup Activity Center at 841-5555 and provide the following information:
  - A. Name
  - B. Address
  - C. Telephone number
  - D. Special needs, e.g. wheelchairs, walkers, guide dogs, etc.
  - E. Simple driving directions

If a minimum of 5 seniors show interest in this program, we will contact you with further details.

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Thursday, July 11 9:30 AM – 3:30 PM

Fee: \$5.00  
 Deadline: July 5  
 Location: Big Lots & Wal-Mart  
 Driver: Laurie Sweet

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Thursday, August 15 9:30 AM – 3:30 PM

Fee: \$5.00  
 Deadline: August 7  
 Location: Hobby Lobby & Fred Meyer (Downtown)  
 Driver: Laurie Sweet

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**NO SHOPPER'S EXPRESS IN SEPTEMBER DUE TO THE FAIR.**

**Please note:** *Pick-up times at your residence may vary between 10:00 am – 11:00 am depending upon the number of participants registered and resident locations.*

**\*Please contact the Center if you are aware of isolate seniors that need this service and we will inform them of this opportunity. Contact 253-841-5564 if you are interested.**

# COMMUNITY EVENTS



## FARMERS' MARKET

Saturday, July 6 – October 12

9:00 AM – 2:00 PM

Our Farmers' Market is one of the BEST events we have in the City of Puyallup. Come and support our local farmers and buy fresh fruits and vegetables for you and your family. There will be lots of specialty vendors, so you can purchase that special and unique gift for your friend(s) or loved one(s).



## COWBOY CRAWL

Thursday, August 22

6:00 – 8:00 PM

Tickets: \$15.00 in advance/\$18.00 at the door

Registration location is at 109 North Meridian. Ten restaurants and bars will be offering "free" or "discounted" drinks and food. There will be lots of chances to win prizes and rodeo tickets. More info will be at [www.thefair.com](http://www.thefair.com)

## ALLEY ALIVE AFTER 5

Tuesday, September 10

5:00 – 9:00 PM

Puyallup Main Street Association and local merchants along the alley between Meeker and Main Street will be hosting a vendor fair that will include food and beverages. For more information, go to [www.puyallupmainstreet.com](http://www.puyallupmainstreet.com)

## STEINS & STEMS

Saturday, September 28

2:00 – 6:00 PM

Tickets are \$25.00 in advance/\$35.00 at the door

Enjoy local wines, craft beers and ciders while strolling around our downtown shops. For more info and to purchase tickets, go to [www.puyallupmainstreet.com](http://www.puyallupmainstreet.com)