

**PUYALLUP PARKS & RECREATION
YOUTH BASKETBALL RULES AND REGULATIONS
KINDERGARTEN – 2ND GRADE BOYS AND GIRLS**

1. The Puyallup Parks & Recreation Youth Basketball Program will be conducted under the rules as described in the 2022-2023 National High School Basketball Rule Book except where superseded by the rules listed below.
2. Time listed on the schedule will be game time and forfeit time. Teams should be ready to warm up 5 minutes prior to game time. All line-ups need to be submitted to the official scorekeeper at least 5 minutes before game time.
3. For K-2nd grade, games will consist of four ten minute running time quarters with a one minute break between quarters and three minutes for half time.
4. There will be two time outs per team per game for grades 4th grade and below. Time outs will be limited to thirty seconds each.
5. Grades K-2nd will use the Jr. size basketball. Kindergarten, 1st grade boys and 1st/2nd grade girls will shoot on an 8 foot hoop. **2nd grade boys will shoot on a 9 foot hoop.**
6. Score will not be kept for Kindergarten & 1st grade boys.
7. Stealing is allowed but can only be done on the pass (**Kindergarten, 1st grade boys & 1st/2nd grade girls**). Stealing is allowed but a player can only steal the ball from an opposing player while they are dribbling (**2nd grade boys**).
8. The ball shall be put in play by a jump ball to start the game. All other jump ball situations will be administered by alternating out of bound possession.
9. Rules on fouling and all violations will be enforced with some leniency given to the younger leagues. Personal fouls will not be kept. For 4th grade and below, if a player is fouled in the act of shooting and the shot is missed, they will receive one point and retain possession of the ball. If the shot is made, the basket counts and the team retains possession of the ball. The ball will be taken out of bounds on all other fouls.
10. Full court pressing **will not** be allowed for all leagues 4th grade and below. This means the defensive team must drop back to the half-court line before they can press or play defense against the offensive team. The offensive team has 10 seconds to bring the ball across the half court line.
11. For 4th grade and below there will be no back court.
12. In leagues where there is no back court violations called, a team may not stall or hold the ball in the backcourt. They must make every attempt to move the ball across the half court line. If in the opinion of the official, a team is stalling or holding the ball in the back court a technical foul may be assessed.
13. Zone Defenses will not be allowed. You must play man to man defense.
14. Switching on defense is allowed provided that players continue to play a man to man defense.
15. No on ball screens are allowed for Kindergarten-2nd grade

16. Each player present must play a minimum of 2 quarters per game. If a team has 7 or more players present at the game, each player must sit out a minimum 10 minutes.
17. Substitutions will be made at five minutes of each quarter for all leagues. All players must play at least 5 minutes each quarter. (Exception: If a player is injured seriously enough that he/she must be removed from the game, you may replace the player at that time.)
18. No food or drink (water is ok) is permitted in the gymnasium.
19. There is absolutely no smoking or drinking allowed in any facility. In addition, no smoking is allowed on school grounds (i.e. outside the building).
20. No unsportsmanlike conduct, use of foul language or fighting will not be tolerated on the part of any coach, player or spectator. The supervisor has the right to suspend any player, coach or spectator from participating in the program. Any player, coach or spectator ejected from a game due to unsportsmanlike behavior will also be suspended from the next scheduled game.
21. Any coach or player that receives two technical fouls during the game is automatically ejected and must sit the next scheduled game. In addition, any player or coach who receives three technical fouls during the season will be suspended for the remainder of the season.
22. Any team who receives three technical fouls during a game, will result in the game being declared a forfeit by their team. In addition, the team will be placed on probation for the remainder of the season and further behavior related incidents will result in removal of the team from the league.
23. If family or friends come to watch the game, please make sure children remain seated and are not allowed to run throughout the facility or play on any equipment in the building.
24. The Puyallup Parks & Recreation Basketball program is set up to teach basketball skills, and for the youth to meet new friends and have fun. For further information, contact the Puyallup Recreation Center at (253) 841-5457.

YOUTH BASKETBALL RULE CLARIFICATIONS

1. No Zone Defense. Man to Man defense must be played. Players guarding an area on the floor instead of an individual will be called for using a zone defense. This does not mean that you must follow your man all over the court. **The help defender(s) must have at least foot out of the paint. The only exception is if the ballhandler is driving to the basket.** Coaches are encouraged to teach proper man to man defensive techniques to include proper defensive position on the ball, positioning in the passing lane and help side defense. A zone defense is a judgement call by the officials.

Penalty - 1 warning per team per half with additional violations being a technical foul.

2. No on ball screens are allowed for Kindergarten-2nd grade.

3. Switching on defense is allowed provided that players continue to play a man to man defense.

4. Fastbreaking is allowed.

5. Full Court Pressing is **not** allowed in all leagues 4th grade and below. Therefore the defensive team may not play defense in the backcourt. The defensive player may **not** steal the ball from the offensive player in the backcourt.

Penalty - 1 warning per team per half with additional violations being a technical foul.

6. Technical Foul - In the event a technical foul is called on a team or a player, the opposing team will receive an automatic 2 points and the ball (there will be no free throws shot). A technical foul assessed against a player will also be recorded as a personal foul.

CONDUCT RULE

- Coach(es) & bench players must remain seated on the bench at all times while the clock is running or is stopped except to: Rise and stand to give instructions to the bench or players on the court, to request a time out or to acknowledge an outstanding play.
- Coaches must remain within the designated bench area.
- Coaches or players may not disrespectfully address an official.
- Coaches, players, or spectators may not attempt to influence an official's decision.
- Coaches, players or spectators may not use profane or inappropriate language or obscene gestures.
- Coaches, players or spectators may not disrespectfully address, bait, or taunt an opponent.
- Coaches may not enter the court unless by permission of an official to attend to an injured player.
- The head coach is responsible for the conduct and behavior of players, bench personnel and spectators from their team.
- Coaches, players, spectators may not confront officials before, during or after a game.
- At no time shall a coach, player or spectator make a threat of physical harm or use physical force towards an official, staff, or other coaches or players.

PENALTY:

Any coach, player or spectator who fails to comply with the above rules will be subject to technical fouls, ejection or suspension depending on the severity of the violation.

**PUYALLUP PARKS & RECREATION
YOUTH BASKETBALL RULES AND REGULATIONS
3RD & 4TH GRADE BOYS AND GIRLS**

1. The Puyallup Parks & Recreation Youth Basketball Program will be conducted under the rules as described in the 2022-2023 National High School Basketball Rule Book except where superseded by the rules listed below.
2. Time listed on the schedule will be game time and forfeit time. Teams should be ready to warm up 5 minutes prior to game time. All line-ups need to be submitted to the official scorekeeper at least 5 minutes before game time.
3. For 3rd & 4th grade, games will consist of four ten minute running time quarters with a one minute break between quarters and three minutes for half time. The clock will stop during the last minute of the 2nd half and during time-outs.
4. There will be two time outs per team per game for grades 4th grade and below. Time outs will be limited to thirty seconds each.
5. 3rd & 4th grade boys and girls will use the intermediate size ball. **3rd grade girls will shoot on a 9 foot hoop.**
6. If a game ends in a tie, it will remain a tie. There will be no overtime.
7. The ball shall be put in play by a jump ball to start the game. All other jump ball situations will be administered by alternating out of bound possession.
8. Rules on fouling and all violations will be enforced with some leniency given to the younger leagues. Personal fouls will not be kept so a player can not foul out. On the 7th team foul and thereafter, the opposing team will receive one point and the ball. For 4th grade and below, if a player is fouled in the act of shooting and the shot is missed, they will receive one point and retain possession of the ball. If the shot is made, the basket counts and the team retains possession of the ball. The ball will be taken out of bounds on all other fouls.
9. Full court pressing **will not** be allowed for all leagues 4th grade and below. This means the defensive team must drop back to the half-court line before they can play defense against the offensive team. The offensive team has 10 seconds to bring the ball across the half court line.
10. For 4th grade and below there will be no back court.
11. In leagues where there is no back court violations called, a team may not stall or hold the ball in the backcourt. They must make every attempt to move the ball across the half court line. If in the opinion of the official, a team is stalling or holding the ball in the back court a technical foul may be assessed.
12. For 3rd and 4th grade, five seconds in the key will be called.
13. Zone Defenses will not be allowed. You must play man to man defense.
14. Each player present must play a minimum of 2 quarters per game. If a team has 7 or more players present at the game, each player must sit out a minimum of 10 minutes.

15. Substitutions will be made at five minutes of each quarter for all leagues. All players must play at least 5 minutes each quarter. (Exception: If a player is injured seriously enough that he/she must be removed from the game, you may replace the player at that time.)
16. No food or drink (water is ok) is permitted in the gymnasium.
17. There is absolutely no smoking or drinking allowed in any facility. In addition, no smoking is allowed on school grounds (i.e. outside the building).
18. No unsportsmanlike conduct, use of foul language or fighting will not be tolerated on the part of any coach, player or spectator. The supervisor has the right to suspend any player, coach or spectator from participating in the program. Any player, coach or spectator ejected from a game due to unsportsmanlike behavior will also be suspended from the next scheduled game.
19. Any coach or player that receives two technical fouls during the game is automatically ejected and must sit the next scheduled game. In addition, any player or coach who receives three technical fouls during the season will be suspended for the remainder of the season.
20. Any team who receives three technical fouls during a game, will result in the game being declared a forfeit by their team. In addition, the team will be placed on probation for the remainder of the season and further behavior related incidents will result in removal of the team from the league.
21. If family or friends come to watch the game, please make sure children remain seated and are not allowed to run throughout the facility or play on any equipment in the building.
22. The Puyallup Parks & Recreation Basketball program is set up to teach basketball skills, and for the youth to meet new friends and have fun. For further information, contact the Puyallup Recreation Center at (253) 841-5457.

**PUYALLUP PARKS & RECREATION
YOUTH BASKETBALL RULES AND REGULATIONS
5TH – 12TH GRADE BOYS AND GIRLS**

1. The Puyallup Parks & Recreation Youth Basketball Program will be conducted under the rules as described in the 2022-2023 National High School Basketball Rule Book except where superseded by the rules listed below.
2. Time listed on the schedule will be game time and forfeit time. Teams should be ready to warm up 5 minutes prior to game time. All line-ups need to be submitted to the official scorekeeper at least 5 minutes before game time.
3. For 5th–12th grade, games will consist of four ten minute running time quarters with a one minute break between quarters and three minutes for half time. The clock will stop the last two minutes of the 2nd half and during time-outs. **If at any time in the last two minutes of the fourth quarter a team is ahead by twenty or more points, the clock will not stop.**
4. There will be 3 time outs per game for 5th grade and above. Time outs will be limited to thirty seconds each.
5. 5th/6th grade boys and 5th/6th grade girls will use the intermediate size ball. 7th/8th grade boys & high school boys will use the regulation size basketball.
6. In leagues 5th grade and above, there will be a one minute overtime period with a stop clock for the overtime. In the event the game is still tied, there will be a jump ball to start play for a sudden death overtime period. In sudden death overtime, the first team to score wins the game.
7. The ball shall be put in play by a jump ball to start the game. All other jump ball situations will be administered by alternating out of bound possession.
8. Rules on fouling and all violations will be enforced with some leniency given to the younger leagues. All fouls will be recorded with five fouls being the maximum allowed per player. ****For 5th grade and above, bonus and double bonus will be in effect.****
9. Full court man to man pressing will be allowed for 5th grade and up. **Zone press is not allowed but you can double team in the back court for 5th/6th boys & girls and 7th/8th grade boys.** However, if a team is ahead by 15 or more points at any point in the game, they will not be allowed to run a full court press. If at any time the lead drops below 15 points, you may then run a full court press.
10. For 5th grade and above, back court violations and three second violations will be called.
11. Zone Defenses will not be allowed. You must play man to man defense. **(Exception: High School Boys league can play a zone defense in the backcourt & frontcourt).**
12. No double teaming in the front court. **The only exception is in the key.**
13. Each player present must play a minimum of 2 quarters per game. If a team has 7 or more players present at the game, each player must sit out a minimum of 10 minutes.
14. Substitutions will be made at five minutes of each quarter for all leagues. All players must play at least 5 minutes each quarter. **In the 4th quarter, substitutions may be made at any dead ball for all leagues 5th grade and up.**

15. No food or drink (water is ok) is permitted in the gymnasium.
16. There is absolutely no smoking or drinking allowed in any facility. In addition, no smoking is allowed on school grounds (i.e. outside the building).
17. No unsportsmanlike conduct, use of foul language or fighting will not be tolerated on the part of any coach, player or spectator. The supervisor has the right to suspend any player, coach or spectator from participating in the program. Any player, coach or spectator ejected from a game due to unsportsmanlike behavior will also be suspended from the next scheduled game.
18. Any coach or player that receives two technical fouls during the game is automatically ejected and must sit the next scheduled game. In addition, any player or coach who receives three technical fouls during the season will be suspended for the remainder of the season.
19. Any team who receives three technical fouls during a game, will result in the game being declared a forfeit by their team. In addition, the team will be placed on probation for the remainder of the season and further behavior related incidents will result in removal of the team from the league.
20. If family or friends come to watch the game, please make sure children remain seated and are not allowed to run throughout the facility or play on any equipment in the building.
21. The Puyallup Parks & Recreation Basketball program is set up to teach basketball skills, and for the youth to meet new friends and have fun. For further information, contact the Puyallup Recreation Center at (253) 841-5457.